5/10/17 The Real Deal "Shepherd's Pie" Recipe

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## THE real deal "SHEPHERD'S PIE" RECIPE

## Ingredients

- 1 lb. ground lamb or ground beef
- 1 Tablespoon (Tbsp) olive oil
- 1 small onion, finely chopped
- 1 Tablespoon (Tbsp) Minor's Beef Base
- 1 teaspoon (tsp) Worcestershire Sauce
- 1 Tablespoon (Tbsp) <u>Cherchies® Champagne</u> Mustard
- 2 teaspoons (tsp) Cherchies® Garlic Seasoning
- 1/2 teaspoon (tsp) pepper
- 1 can (14.5 oz.) of diced tomatoes
- 1 large carrot, finely sliced
- 1 cup frozen peas
- 2 teaspoons (tsp) Cherchies Basil Pizzazz
- 1 teaspoon (tsp) Marjoram
- 1 Bay leaf
- 1 teaspoon (tsp) Thyme
- 6-8 potatoes, peeled, boiled, and mashed
- 4 Tablespoons (Tbsp) salted butter
- 2 Tablespoons (Tbsp) Half and half or milk



## Preparation

- 1. Preheat oven to 350 degrees. Wash and peel the potatoes. Boil the potatoes until thoroughly cooked (prick with a fork to check if done). While potatoes are cooking, dice the onion and slice the carrots. In a medium skillet, cook the onion in oil until onions are translucent. Add the ground meat, 1 teaspoon <a href="mailto:Cherchies@Garlic Seasoning">Cherchies@Garlic Seasoning</a>, pepper, and beef base to the skillet. Stir.
- 2. When the meat is brown, drain the meat. Return the meat to the skillet and add the canned tomatoes, Worcestershire Sauce, <a href="Cherchies@ Champagne Mustard">Cherchies@ Champagne Mustard</a>, water, the rest of the <a href="Cherchies@ Garlic Seasoning">Cherchies@ Basil Pizzazz</a>, Marjoram, Thyme, bay leaf, carrots, and peas. Simmer for ten minutes or until carrots are cooked.
- 3. While the meat is cooking, prepare the potatoes. Drain the potatoes. Add butter to the pan and mash the potatoes with a fork. I usually use a hand mixer to do the rest of the mixing. Add the milk, a little at a time, until the potatoes have a thick consistency. Set aside.

4.	Pour cooked meat and vegetables into a small casserole dish. Spoon the mashed potatoes over the meat and vegetables. Place the Shepherd's Pie in the oven and cook until potatoes are a lovely golden brown.
5.	Enjoy!
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