2/14/17 Best Darn Coleslaw Recipe

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## Best Darn Colestaw Recipe

## Ingredients

- 1 small head of cabbage, shredded
- 1 small head of red cabbage, shredded
- 1 carrot, skinned and shredded
- 1 small red onion or large shallot, finely chopped
- 4 Tablespoons minced fresh Parsley (optional) or Cilantro
- 2 teaspoons (tsp) salt
- 1/4 teaspoons (tsp) pepper
- 1/2 teaspoons (tsp) celery seed
- 1 1/2 Tablespoons (Tbsp) <u>Cherchies® Champagne</u> <u>Mustard</u> (for a spicier palate, substitute our <u>Hot</u> <u>Banana Pepper Mustard</u>)
- 1/2 cup half and half or light cream
- 1 cup Light Mayonnaise
- 1/2 cup nonfat Greek yogurt
- 3 Tablespoons (Tbsp) Apple Cider Vinegar
- 1 Tablespoon (Tbsp) Rice Vinegar

## Preparation

- 1. This recipe is best if mixed together the night before or early in the day of your event. Finely chop the onions and add them and the coleslaw mix to a medium bowl. Add chopped parsley (I prefer Cilantro) and set aside.
- 2. In another bowl, mix together the remaining ingredients. Pour over the cabbage mixture and add just enough of the dressing to wet the slaw and blend the flavors.
- 3. You may want to grab some for yourself because this slaw is bound to disappear quickly! Enjoy!

